Palliative Care with Elite Patient Care and You

The goal of palliative care is to improve the quality of life for both the patient and the family by allowing the patient's wishes to dictate their journey. Palliative Care is focused on providing relief from symptoms and stress of a serious illness.

Elite Patient Care providers are trained specialists who work together with patients and families to actively manage the plan of care based on the family and patient wishes as they change through the course of time.

A responsive and collaborative approach

Continuity of care for patients and their families in multiple settings

We have a mission to deliver personalized care for every patient and exceptional service to the community.



ElitePatientCare

Elite Patient Care (EPC)
was established in 2010
with the goal of providing
our patients with
continuity of care across a
variety of settings. Our
Palliative Care Program
was designed to walk with
our patients on the
journey of their choice.

877.279.5960 info@elitepatientcare.com

3091-A Spicewood Springs Road, Suite 201 Austin, TX 78759



ElitePatientCare

Is Palliative Care Right For You?

Palliative care is appropriate at any stage of a terminal illness and can be provided along with curative treatment.

Common illnesses for which palliative care plan is appropriate include but are not limited to:

Alzheimer's Disease
Dementia
Congestive Heart Failure
COPD
Cancer
Stroke/CVA
End Stage Kidney Disease

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Alzheimer's Disease/Dementia

Dementia is a challenging disease for the patient and family often because it progresses so slowly. The decline becomes the "new normal" and caregivers slip into higher and higher levels of care without realizing it is occurring. Palliative care can help with managing many of the symptoms associated with the dementia process.

Congestive Heart Failure

Heart failure is a very complex disease with overlapping symptoms such as shortness of breath, chest discomfort, swelling, high/low blood pressure, and irregular heart rhythms. The palliative care provider will work to individualize care as symptoms arise to meet the patient's needs.

Stroke/CVA

The most common stroke symptoms of CVA are paralysis and weakness on one side of the body, difficulty speaking, swallowing, or understanding speech, headaches, inappropriate behavior, loss of balance, memory difficulties, visual problems and emotional problems. In addition to clinical management, speech, occupational, and physical therapy play an important role in symptom management.



Palliative Care Settings

Palliative Care can be offered in a variety of settings depending on the patient and family wishes:

Hospitals
Skilled Nursing Facilities
Telemedicine
Assisted Living
Independent Living
At Home

EPC is focused on **patient and family centered care.** Our goal is to optimize the quality of life
for patients with serious illnesses.

Our providers are part of an interdisciplinary team with expertise in palliative care. EPC providers foster patient and family engagement in evaluating options to address the disease process.

EPC has developed processes that support the coordination of care and communication among all care settings, including post-acute facilities and home.

Our Transitional Care team can continue palliative care services in the home setting upon discharge.

We Care As A Team

The Palliative Care Team is comprised of the Elite Patient Care provider, the patient's specialist (if indicated), the facility staff, home health staff (if utilized), and the patient and family.

End Stage Kidney Disease

When kidney disease progresses, it may eventually lead to kidney failure, which requires dialysis or a kidney transplant to maintain life. Medication management by your palliative care team can often help to control the symptoms experienced from kidney failure through control of blood pressure, diabetes, depression, and anxiety.

Cancers

Cancer comprises of more than 100 different diseases that can begin almost anywhere in the body. EPC can work with your oncologist to help control some of the symptoms experienced from either the disease or the treatment such as pain, nausea, vomiting, fatigue, anxiety, depression, constipation, diarrhea, confusion, or shortness of breath. Your palliative care team has the time and the expertise to help you understand and process your complex medical information.

